Bathroom & Toilet Aids

As well as being the most essential room in the house, the bathroom can also be one of the most dangerous and, in many cases, inaccessible to the elderly or disabled. But there are many simple ways to make the bathroom safer and much easier to use. Here is some useful information and handy tips on how to overcome the bathroom blues.

**THE BATH**

Obviously the biggest concern is how to get into and out of the bath safely. A few hints to help:

• Remove all rugs and carpet. Make sure the floor is non-slip or fit a non-slip mat next to the bath. A non-slip mat inside the bath is essential.

• To help get in and out, the bath should have a clamp-on grab rail or there should be a grab rail fitted on the wall.

• A bath board can help by sitting the person on the board before swinging their legs into the bath.

• Hand held bath or shower hoses are essential for sitting or standing in the bath.

**THE SHOWER**

While a shower is usually a lot easier to negotiate for many people, there are still many products that can make showering safer and easier.

• Non-slip mats are essential – both inside and outside the shower.

• Shower stools or chairs make showering more comfortable.

• Install grab rails for extra security.

• There is a good range of shower commodes and mobile transporters available, which can be safely used in a shower. In this case, a hand held shower hose is more functional for seated people.

**THE TOILET**

For those unable to use the toilet, commodes, urinals and bedpans help. For people who can use the toilet, products are available that overcome height or accessibility problems:

• Raised toilet seats help patients get on and off more easily.

• Grab rails fitted to the wall or the actual toilet surround frame also assist.

• Over toilet aids help by raising the height of the toilet seat and provide armrests to push up from when rising. Some models can be adjusted for height.

**COMMODES**

Bedside commodes are excellent for patients who are bedridden or if the patient is unable to use their bathroom. Commodes come in many models from fully upholstered chairs to folding or mobile versions. They are all designed to be used with a commode pan or other receptacle.

**BATH LIFT**

Rediscover the pleasure of taking a bath without the need for assistance. The Bathmaster Sonaris Bathlift gently lowers you into and out of the bath at the touch of a button. Includes seat covers and control pad. Available with optional headrest, safety belt and swivel transfer seat. Lightweight for easy installation and transportation. Max user weight 140kg.

**Product Code** BT-PCR-091164409
Aquatec

The Invacare Aquatec range of commodes offers the very best in quality, features and performance. Designed in Germany, these commodes set a new industry benchmark.

**AQUATECH OCEAN MOBILE SHOWER COMMODE TRANSIT & SELF PROPELLED**

Stainless steel frame - rust-proof and effective infection control, fully adjustable seat, footrests and armrests. Washable, tension-adjustable backrest (including free additional backrest), ergonomically designed seat for comfort and easy cleaning, four braked castors, and a full range of optional accessories. Maximum user weight 130kg (or 150kg with upgrade).

- **Product Code** BT-MT-7.10.910 (Transit)
- **Product Code** BT-MT-1470046 (Self propel – quick release 24” wheels)
- **DVA Code** BE04 7.10.910 / 7.12.910

**AQUATECH OCEAN VIP TILT IN SPACE MOBILE SHOWER COMMODE STANDARD & ELECTRIC**

Stainless steel frame - rust-proof and effective infection control, 0-35 degree tilt for more passive/disabled patients, fully adjustable seat, footrests and armrests. Washable, tension-adjustable backrest (including free additional backrest), ergonomically designed seat for comfort and easy cleaning, four braked castors with directional locking castor and a full range of optional accessories. Maximum user weight 130kg (or 150kg with upgrade).

- **Product Code** BT-MT-1470793
- **DVA Code** BE04 1470793
- **Product Code** BT-MT-1470793E (water-tight electrical components)

**ACCESSORIES**

- **Sanitary Pan & Holder** Product Code MT-10230/16335
- **Commode Insert** Product Code MT-16343
- **Chest and Pelvis Belt** Product Code MT-1470081/1470082
- **Soft Seat with Hygiene Recess** Product Code MT-16341
- **Splash Guard** Product Code MT-16511
- **Amputation Support** Product Code MT-16616
**TRANSFER BENCH**
Lightweight bench seat to assist in transferring into or out of the bath/shower. Made from anodized 1” aluminium frame with soft-padded seat and back. Height adjusts 49cm-59cm. Also available with blow moulded seat. Maximum user weight 140kg

*Product Code* BT-PCP-10576  
*DVA Code* AZ01 PC10575

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**BATH TUB GRAB RAIL**
Powder coated steel grab rail for support stepping into or out of the bath with screw tightening clamp. The clamp is lined with rubber pads to provide a secure grip and prevent tub scratches.

*Product Code* BT-PCP-10407

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**DYNAMIC SHOWER STOOL**
The Dynamic Shower Stool is available with two different seats: padded waterproof or moulded plastic. Made using powder coated corrosion resistant galvanised tubing with adjustable legs making it ideal for both domestic and institutional use. The seat allows for both cleanliness and comfort whilst the armrests assist with patient transfer on and off the stool. Maximum user weight: 110kg

*Product Code* BT-PCS400UBM  
*DVA Code* AZ04 KA222ZA

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**BATH BENCH SEAT PLASTIC**
Adjustable plastic bathing board with handgrip. Width easily adjusts from 45cm-71cm. Provides comfortable contoured seating area while bathing. Anti-slip rubber pad improves the safety and protects the tub surface from scratches. Drain holes help keep water off sitting area. Portable and easy to assemble. Maximum user weight 110kg

*Product Code* BT-PCP-10554  
*DVA Code* AZ01 12013

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**ANYWHERE SUCTION HAND RAILS**
The Anywhere Rail assists natural motion and provides physical support for getting in and out of the shower or moving from a wheelchair to the toilet. Each suction cup has a unique safety indicator to show that the rail is correctly attached. Quick and easy to install and remove from most smooth surfaces.

Single rail: 350mm/ 500mm / 600mm  
Twin rail: 600mm with 3 suction cups.

*Product Code* BT-DA-350/500/600/600D

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**FOLDING SHOWER SEAT**
Made from powder coated, corrosion resistant galvanised tubing with an easy-to-clean plastic seat. The height adjustable shower seat attaches to the wall and is designed to save space. Height adjusts to: 46cm, 49cm 52cm and 55cm.

*Product Code* BT-PCP-10461
**Shower Chair**

Made from powder coated, corrosion resistant, galvanised tubing, this shower chair features adjustable legs and a plastic moulded seat making it ideal for both domestic and institutional use. The U-Frame design also allows for stacking of chairs for easy storage. Seat height can be adjusted from 46-58cm. Maximum user weight 100kg. Also available - Bariatric 300kg

*Product Code* BT-PCP-PC5300U

**Aluminium Shower Chair**

A lightweight shower chair featuring a curved seat for comfort and drainage. This shower chair is height adjustable from 41cm-56cm and includes a lifetime warranty against rust. Max user weight 150kg

*Product Code* BT-AUS-AUSBAT70066
*DVA Code* AZ04 AUSBAT700066

**Dynamic Commode Deluxe**

This fully upholstered adjustable commode is designed to be discreet and stylish. Complete with a hinged upholstered seat, and a skirt to conceal deluxe commode pan, this chair can blend into any style room. Height adjustable legs make this commode suitable for either domestic or institutional use. Maximum user weight 110kg

*Product Code* BT-PCP-PC4900
*DVA Code* BE02 12087

**Dynamic Commode Standard**

This economical, fully upholstered, adjustable commode is designed to be discreet and stylish. Complete with hinged upholstered toilet seat, removable seat, deluxe pan & splash guard. This chair can blend into any style room. Height adjustable legs make this commode suitable for either domestic or institutional use. Maximum user weight 110kg

*Product Code* BT-PCP-10688H

**Accessories**

- Deluxe Pan & Lid
  *Product Code* BT-PCP-PC9032
  *DVA Code* BE03 12070
- Splash Guard
  *Product Code* BT-PCP-PC9036
  *DVA Code* BE11 KS41SN
- Toilet Seat Lid
  *Product Code* BT-PCP-PC9038

**Over-Toilet Aid**

Designed to assist the patient lower onto and rise from the toilet. Made from galvanised tubing and is height adjustable to suit any user. This is an ideal over-toilet aid for domestic and institutional use. Optional pan and splash guard. Max user weight 110kg. Also available - Bariatric 300kg

*Product Code* BT-PCP-PC5000
*DVA Code* BE06 KA410Z
ALUMINIUM OVER-TOILET AID

The Aluminium over toilet frame assists transferring on and off the toilet. Made from sturdy no rust aluminium this frame includes a lifetime warranty against rust. Height adjustable to suit any user. This is an ideal over-toilet aid for domestic and institutional use. Optional pan & lid and splash guard. Max user weight 150kg.

Product Code BT-AUS-AUSBAT70067
DVA Code BE06 AUSBAT70067

TOILET RAISER- BLOW MOULDED

Lightweight, all plastic construction for strength and durability. Secured to the toilet bowl with two L-shaped brackets and front lip, it is easy to fit and remove. Available in 2” and 4” heights with lid.

Product Code BT-PCP-PC9085/9108
DVA Code BE10 9085/9108

ATLANTIC WAVE COMMODOE

Made with a high grade silver painted aluminium frame, the Atlantic Wave Commode & Shower Chair offers a rust free high strength product at great value. Features include: detachable components for easy cleaning, four wheel brake castors and swing-back, drop-down detachable armrests for side transfer. Maximum user weight: 160kg.

Product Code BT-AUS-DAYCOM846F18
DVA Code BE04 DAYCOM846F18

FOLDABLE OVER-TOILET AID

The Foldable over toilet aid assists transferring on and off the toilet and can be easily folded for easy storage or transport. Made from sturdy no rust aluminium this frame includes a lifetime warranty against rust. Height adjustable to suit any user. Optional pan & lid and splash guard. Max user weight 150kg.

Product Code BT-AUS-AUSBAT68154
DVA Code BE06 AUSBAT68154

TOILET SURROUND FRAME

This sturdy steel frame surrounds the toilet to assist in transferring on and off the toilet. An alternative to a permanent fixture in the bathroom.

Product Code BT-PCP-PC10535